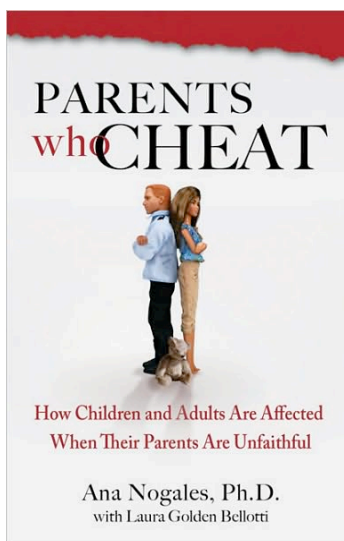


ABOUT THE BOOK

What are the emotional consequences for the child – young or old – when a parent cheats?



Parents Who Cheat

How Children and Adults are Affected When Their Parents are Unfaithful

By Ana Nogales, Ph.D.
With Laura Golden Bellotti

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Many books explore the effects of marital infidelity on a marriage, but *Parents Who Cheat* is the first book to examine how parental infidelity directly affects the children.

With compassion and piercing insight, Dr. Ana Nogales explains how a parent's adultery can damage a child's perception of love and marriage and his ability to trust. She reveals why a child may feel ashamed or guilty about his parent's sexual betrayal, how he may inadvertently become the emotional caretaker of his betrayed parent, and why adult children often choose unfaithful partners or become unfaithful themselves. Through stories of children struggling to understand their parents' adultery, as well as case histories of adult children coping with unresolved issues related to a parent's unfaithfulness, Dr. Nogales clarifies the effects of parental infidelity and points the way toward healing, forgiveness, and more trusting relationships with parents and partners.

Whether you are a betrayed parent, a parent who cheated, or an adult child whose parent was unfaithful, *Parents Who Cheat* will help you understand and courageously deal with the adverse effects of parental infidelity.

Visit www.ananogales.com

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